

# RULES AND REGULATIONS

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## **Groups must provide:**

- Their own bed linens, pillows, towels, etc.
- Competent adult counselors /leaders

Staff to child ratios, as required by Colorado state regulations, must be met:

- ages 6-7: 1 adult counselor for every 6 youth
- ages 8-10: 1 adult counselor for every 8 youth
- ages 11-13: 1 adult counselor for every 10 youth
- ages 14-16: 1 adult counselor for every 12 youth

We recommend 1 adult for every 6-8 youth. An adult is defined as a responsible person, 21 years or older.

- Appropriate insurance coverage for all guests

Cross Bar X has only secondary coverage for accidents. Necessary insurance claims for injury occurring during one's stay at Cross Bar X should be filed with the guest's insurance company for primary coverage.

Group leaders should have a record of insurance information for all group members.

- Their own meals, food preparation and clean-up. Our Eagle Lodge kitchen and appliances are available for your use.

*For groups with ages 6 to 16 staying longer than 72 hours, it is Colorado state requirements to provide...*

- Physicals for all youth signed by a physician or nurse practitioner within 24 months from rental date,
- A nurse or qualified medical personnel present during your stay,
- Proper releases for all youth signed by the parents/guardian for physical care.

## **Groups must agree to the following:**

### *Conduct*

- Each rental group will determine its own mode of dress and conduct; however, Cross Bar X encourages modesty and reserves the right to be the final authority if it feels clothing worn at camp is inappropriate.
- Conduct and noise needs to be considerate of the Staff members living on the property. Please be respectful of others.
- Smoking inside buildings is not permitted at Cross Bar X.
- Alcoholic beverages, illegal drugs, guns, or weapons of any kind are not permitted anywhere on the premises of Cross Bar X.
- Offensive language is not permitted.

### *Facilities*

- Each rental group will do its part in helping keep the buildings and grounds clean. The rental group agrees to clean rooms and areas it uses for eating, sleeping, and meeting, as well as outside areas used. Failure to do so can result in an extra charge for excessive cleaning by the Cross Bar X Staff.
- Breakage or damage to equipment, buildings or grounds will be charged to the rental group. A \$30 charge for discharge of each fire extinguisher will be charged to the group, in addition to any clean up needed.

### *Lake Activities*

- The rental group will be responsible for the safety of the group while swimming. A certified lifeguard must be present when swimming at the lake and the camp must have a copy of the license on file in the office.
- Minors are required to be accompanied to the lake by an adult, no matter the activity. There are no exceptions.
- Lake equipment is available for your use upon your request. Canoes or paddle boats may be used under adult supervision only. All boaters must wear a properly-secured lifevest.
- No lake activities after dark.

### *Supervision*

- Youth (under the age of 18) may not be left on their own. A leader must be present where there are youth.